PMBC Summer Camp Checklist



Got It?	ltem	Notes
	Clothes for 7 days	Please initial all clothing to help kids not lose them.
	Water Bottle (Labeled)	Please bring at least one labeled water bottle for your child. To limit accidental sharing of drinks, we will be utilizing their water bottles for drinking water at meals as well, rather than cups, as well as throughout the day.
	Small Bag/Backpack	To carry water bottle with them throughout day or when hiking or kayaking
	Hiking Outfit	Long sleeve shirt, long sleeve pants, socks, hat (to prevent ticks) sneakers or hiking boots
	Banquet Outfit	One nice outfit for our fancy banquet night
	Dinner Theme Outfits (Optional)	Possible themes include Western, Hawaiin, Superhero/Villain, Wacky Wednesday, Christmas pirates, etc
	Sweatshirt/Sweatpants	It can get pretty cool up here at night, even in summer. It's best to be prepared.
	Masks	We are asking campers to bring 2 masks JUST IN CASE (preferably 7). These can even be bandanas.
	Water Shoes (Optional)	When Kayaking, the campers will get wet. Water shoes are best, though flip flops will do as well
	Bathing Suit	Girls: One Piece suits (or Tankini) - Guys: NO Speedos
	Sneakers	Sneakers are required - bring at least one pair, two if you can (they might get wet)
	Sandals/Flip Flops	For wear to pool, in shower, when relaxing or kayaking
	Bible (any version)	If you have one - we will provide if you don't
	Notebook and Pen	In the event they want to take notes/draw
	Bug Spray	There are bugs! Preferably with deet as we have found other types do not protect campers

Sunblock	Encourage them to use this to avoid sunburn
Bedding & Pillow	Sleeping bag or twin size sheet/blanket and a pillow
Hand Sanitizer (recommended)	We recommend bringing a bottle for your camper if they have one. We will have stations around camp for washing and sanitizing hands.
Toothbrush and Toothpaste	The counselors will encourage them to brush their teeth daily.
Shampoo, Conditioner, Soap, Deodorant	The counselors will encourage personal hygiene each day. Please label and consider putting in a zip lock bag so as not to leak in the suitcase.
Washcloth	Please bring one, or some kind of wash aid for the shower
Towels	Please provide sufficient towels for multiple showers and visits to the pool area
Misc. Toiletries	GIRLS - please bring any necessary feminine products for the week you may need (even if you think you won't need them)
All Medications	Please provide meds to the first aid station at registration. Pills must be in their original bottles. Please provide a card with details if there are any different instructions. PLEASE NO PILL BOXES. We are not allowed to dispense from them.